

Empowered Change

200-Hour Yoga Teacher Training Journey

Thank you for your interest in the Empowered Change Yoga Teacher Training. Please fill out the information below to begin your process of registration. All applications must be approved by trainer(s) prior to registration.

Date	
Name	
Phone	
Email	
Why are you interested in this training?	<input type="checkbox"/> To become a teacher <input type="checkbox"/> To deepen my practice <input type="checkbox"/> To have a transformational experience <input type="checkbox"/> Other: _____
How did you hear about the training?	
Have you been practicing <u>consistently</u> for at least one year?	
Have you been practicing with a teacher and/or in a studio? Who? What studio?	
What style(s) of yoga have you been practicing?	
Are you over the age of 18?	
If you do not already have a personal home practice are you willing to commit to include yoga asana, pranayama, meditation, self-study, etc.?	
Will any health condition or pre-existing injury or physical limitation prevent you from attending and participating in the entire training?	
Are you mentally committed to completing the entire training?	
Are you committed to scheduling time (Approx. 10 Hrs/week) for weekly homework, reading, study, personal practice, and studio practice, as well as monthly immersions?	
If accepted into the training, how will you pay the training registration fee? <small>*Payment plans must be discussed with Jessica Boginski prior to approval of registration*</small>	<input type="checkbox"/> Pay in Full <input type="checkbox"/> Pay in Installments